

HARVEST PREPARATORY SCHOOL

September 2023 – LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Chicken Tenders BBQ Sauce Baked Beans Potato Apple
4 Labor Day NO SCHOOL	5 Popcorn Chicken Mashed Potatoes Corn Apple	6 Hamburger on Bun Ketchup Lettuce Baked Beans Tater Tot	7 Corn Dog Ketchup Roasted Carrots Orange	8 French Bread Pizza Green Beans Low-fat Ranch Jell-O
11 Mac and Cheese Green Beans Beef Mandarin Oranges	12 Chicken and Waffles Carrots Orange Wedges	13 Grilled Chicken Sandwich BBQ Sauce Baked Beans Banana	14 Walking Taco Banana	15 Chicken Nuggets BBQ Sauce Sweet Potato Apple Sauce
18 Pizza Quesadilla Green Beans Apple	19 Grilled Cheese Waffle Fries Orange	20 Sesame Chicken Brown Rice California Blend Vegetables Pineapple	21 Calzone Carrots Apple Slices Ranch	22 Chicken Tenders BBQ Sauce Baked Beans Potato Apple
25 Burrito Salad Mandarin Oranges	26 Popcorn Chicken Mashed Potatoes Corn Apple	27 Hamburger on Bun Ketchup Lettuce Beans Tater Tot	28 Corn Dogs Ketchup Roasted Carrots Orange	29 French Bread Pizza Green Beans Low-fat Ranch Jell-O

*Assorted milk is served with each meal.

**This institution is an equal opportunity provider.