

HARVEST PREPARATORY SCHOOL

March 2023 – LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Mini Chicken Corndogs Honey Mustard Packet Peas Carrots Apple Slices	2 Walking Taco Tortilla Scoops Lettuce and Tomato Green Beans	3 Croissant Ham & Cheese Sandwich Broccoli Apple Sauce Low-fat Mayo
6 Grilled Chicken Sandwich BBQ Sauce Baked Beans Low-fat Mayo Baked Beans Pears	7 French Bread Pizza Jello Tossed Salad Low-fat Ranch	8 Spaghetti w/Meat Sauce Parmesan Cheese Broccoli Banana	9 Sloppy Joe Corn Tangerine Romaine Salad	10 Grilled Cheese Sandwich Waffle Fries Grapes
13 Professional Development NO SCHOOL	14 Chicken Nuggets BBQ Sauce Apple Sauce Sweet Potato Fries	15 Chicken and Waffles Orange Wedges Peas Carrots	16 Sesame Chicken Brown Rice California Blend Vegetables Pineapple Chunks	17 Calzone Marinara Sauce Apple Slices Carrots w/Ranch Whole Grain Cookie
20 Hamburger Lettuce and Tomato Apple Slices Tater Tots w/Ketchup Packet Baked Beans	21 Popcorn Chicken Mashed Potatoes w/Gravy Corn Peach Cup	22 Mini Chicken Corndogs Honey Mustard Packet Apple Slices Peas Carrots	23 Walking Taco Tortilla Scoops Lettuce and Tomato Green Beans	24 Croissant Ham & Cheese Sandwich Broccoli Apple Sauce Low-fat Mayo
27 Grilled Chicken Sandwich BBQ Sauce Baked Beans Low-fat Mayo Baked Beans Pears	28 French Bread Pizza Jello Tossed Salad Low-fat Ranch	29 Spaghetti w/Meat Sauce Parmesan Cheese Broccoli Banana	30 Sloppy Joe Corn Tangerine Romaine Salad	31 Grilled Cheese Sandwich Waffle Fries Grapes

*Assorted milk is served with each meal.

**This institution is an equal opportunity provider.