

HARVEST PREPARATORY SCHOOL

October 2021 – LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Lasagna Tossed Salad Italian Packet Corn Bread Stick Diced Peaches
4 Roasted Chicken Potatoes Ketchup Packet Green Beans Biscuit Orange Wedges	5 Turkey and Cheese on Bun Fresh Broccoli Ranch Packet Diced Pears	6 Popcorn Chicken Ketchup Packet Sweet Potato Fries Spinach/Tomato Salad Italian Packet Applesauce	7 Walking Taco Fresh Carrots Ranch Packet Refried Beans Apple Slices	8 Cheese Pizza Tossed Salad Ranch Packet Mixed Fruit
11 Hamburger on Bun Ketchup Packet Fresh Broccoli/Cauliflower Ranch Packet Apple Slices	12 Taco Stick Salsa Cup Fresh Carrots Ranch Packet Diced Pears	13 Sloppy Joe on Bun Cole Slaw Peas Applesauce	14 Chicken Nachos Sour Cream Fresh Carrots Ranch Packet Black Beans Orange Wedges	15 Chicken & Waffle Tater Tots Ketchup Packet Cherry Tomatoes Ranch Packet Mixed Fruit
18 BBQ Chicken Green Beans Whole Grain Roll Cherry Tomatoes Ranch Packet Diced Peaches	19 Mini Chicken Corn Dogs Ketchup Packet Baked Beans Fresh Broccoli Ranch Packet Apple Slices	20 Chicken Quesadilla Salsa Cup Corn Applesauce	21 Egg Roll w/Fried Rice Sweet and Sour Sauce Fresh Carrots Ranch Packet Cheese Stick Mandarin Oranges	22 Mini Chicken Corn Dogs Ketchup Packet Baked Beans Fresh Carrots Ranch Packet Apple Slices
25 Grilled Chicken on Bun Mayonnaise Packet Cole Slaw Pinto Beans Diced Pears	26 Lasagna Tossed Salad Italian Packet Bread Stick Corn Banana	27 Chalupa Salsa Cup Peas Diced Peaches	28 Chicken Nuggets BBQ Dipping Sauce Sweet Potato Fries Fresh Broccoli Ranch Packet Grapes	29 Calzone Marinara Sauce Fresh Carrots Ranch Packet Applesauce

*Assorted milk is served with each meal.

**This institution is an equal opportunity provider.