

HARVEST PREPARATORY SCHOOL

January 2022 – LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
3 Hamburger on Bun Ketchup Packet Lettuce/Tomato Fresh Broccoli Applesauce	4 Turkey and Cheese on Bun Lettuce/Tomato Mayonnaise Packet Fresh Carrots Banana Diced Pears	5 Walking Taco Tortilla Chips Salsa Cup Refried Beans Corn Orange Wedges	6 Sloppy Joe on Bun Coleslaw Peas Peaches	7 Chicken & Waffle Ketchup Packet Cherry Tomatoes Ranch Packet Mandarin Oranges
10 BBQ Chicken Green Beans Whole Grain Roll Tossed Salad Italian Packet Grapes	11 Italian Sub Lettuce/Tomato Mayonnaise Packet Cooked Broccoli Apple Slices	12 Chicken Quesadilla Salsa Cup Corn Orange Wedges Cookie	13 Mini Chicken Corndogs Ketchup Packet Baked Beans Fresh Broccoli Applesauce	14 Grilled Chicken on Bun Lettuce/Tomato Ketchup Packet Sweet Potato Fries Mixed Fruit
17 Martin Luther King Jr. Holiday NO SCHOOL	18 Lasagna Whole Grain Roll Tossed Salad Ranch Packet Corn Apple Slices	19 Cheese Pizza Lima Beans Fresh Carrots Ranch Packet Applesauce	20 Chicken Patty on Bun Ketchup Packet Lettuce/Tomato Cooked Broccoli Orange Wedges	21 Chicken Strips BBQ Dipping Cup Cubed Potatoes Fresh Carrots Grapes
24 Fajita Chicken Sub Spinach/Tomato Salad Italian Packet Cooked Carrots Pears	25 Walking Taco Salsa Cup Chips Refried Beans Corn Apple Slices	26 Popcorn Chicken Ketchup Packet Mashed Potatoes Peas Cookie Peaches	27 Roasted Chicken California Blend Fresh Carrots Applesauce Whole Grain Roll	28 Grilled Cheese Sweet Potato Fries Fresh Broccoli Banana
31				

*Assorted milk is served with each meal.

**This institution is an equal opportunity provider.