

HARVEST PREPARATORY SCHOOL

SEPTEMBER 2020 - LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
2 NO SCHOOL Labor Day	8 Cheese Pizza Tossed Salad Fresh Carrots w/Ranch Packet Diced Pears	9 Roasted Chicken Seasoned Potatoes Green Beans Biscuit Orange Wedges	10 Popcorn Chicken Bowl Spinach/Tomato Salad w/Italian Packet Applesauce	11 Walking Taco Salsa Cup Refried Beans Fresh Carrots Sliced Apples
14 Hamburger on Bun w/Ketchup Packet Fresh Broccoli/Cauliflower w/Ranch Packet Mixed Berries	15 Turkey & Cheese on Bun w/Mayonnaise Packet Fresh Carrots w/Ranch Packet Banana	16 Sloppy Joe on Bun Cole Slaw Peas Applesauce	17 Chicken & Waffles w/Syrup Cup Tater Tots w/Ketchup Packet Cherry Tomatoes w/Ranch Packet Mixed Berries	18 Chicken Nachos Fresh Carrots Black Beans Sour Cream Orange Wedges
21 Mini Chicken Corndogs Baked Beans Ketchup Packet Fresh Broccoli w/Ranch Packet	22 BBQ Chicken Green Beans Cherry Tomatoes Ranch Packet Whole Grain Roll Diced Peaches	23 Chicken & Cheese Quesadilla Salsa Cup Corn Applesauce	24 Egg Roll Cheese Stick Fried Rice Fresh Carrots w/Ranch Packet Strawberry Cup	25 Italian Sub w/Mayonnaise Packet Fresh Cauliflower w/Ranch Packet Mixed Fruit
28 Grilled Chicken on Bun w/Mayonnaise Packet Cole Slaw Pinto Beans Mandarin Oranges	29 Calzone w/Marinara Sauce Fresh Broccoli w/Ranch Packet Apple	30 Lasagna Tossed Salad w/Italian Packet corn Banana		
<i>*Assorted Low-fat/Non-fat Flavored and Unflavored milk served with each meal.</i>		<i>*Menu subject to change due to product availability.</i>		<i>*This institution is an equal opportunity provider.</i>