

HARVEST PREPARATORY SCHOOL

OCTOBER 2020 - LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Macaroni & Cheese Peas Diced Pears	2 Chicken Nuggets BBQ Dipping Sauce Cubed Potatoes Fresh Carrots Ranch Packet Grapes
5 Turkey & Cheese Wrap Fresh Broccoli & Cauliflower Ranch Packet Diced Pears	6 Cheese Pizza Tossed Salad Fresh Carrots Ranch Packet Diced Peaches	7 Asynchronous Learning Day	8 Popcorn Chicken Bowl Spinach & Tomato Salad Italian Packet Applesauce	9 Walking Taco Salsa Cup Refried Beans Fresh Carrots Ranch Packet Sliced Apples
12 Hamburger on Bun Ketchup Packet Fresh Broccoli & Cauliflower Ranch Packet Diced Pears	13 Turkey & Cheese on Bun Mayonnaise Packet Fresh Carrots Ranch Packet Banana	14 Asynchronous Learning Day	15 Chicken & Waffle w/Syrup Cup Tater Tots Ketchup Packet Cherry Tomatoes Ranch Packet Mixed Berries	16 Chicken Nachos Fresh Carrots Sour Cream Packet Black Beans Orange Wedges
19 Mini Chicken Corn Dogs Ketchup Packet Baked Beans Fresh Broccoli Ranch Packet Apple Slices	20 BBQ Chicken Green Beans Tomatoes Ranch Packet Roll Diced Peaches	21 Chicken & Cheese Quesadilla Corn Salsa Cup Applesauce	22 Egg Roll w/Fried Rice Sweet and Sour Sauce Fresh Carrots Ranch Packet Cheese Stick Strawberry Cup	23 Italian Sub Mayonnaise Packet Fresh Cauliflower Ranch Packet Mixed Fruit
26 Grilled Chicken on Bun Mayonnaise Packet Cole Slaw Pinto Beans Mandarin Oranges	27 Calzone Marinara Sauce Fresh Broccoli Ranch Packet Apple	28 Lasagna Tossed Salad Italian Packet Corn Banana	29 Macaroni & Cheese Peas Diced Pears	30 Chicken Nuggets BBQ Dipping Sauce Potato Cubes Fresh Carrots Ranch Packet Grapes

*Assorted milk is served with each meal.

*This institution is an equal opportunity provider.